



Today's Line-ups

Cambridge FC

GK Ryan McNamara
 3 Harry Gifford
 4 Nathan Claridge
 16 Jonathan Monteith
 19 Blair Cooper
 18 Steve Lee
 2 Adam Graham
 5 Wilfried Weber
 17 Joe Gifford
 6 Josh Powell
 15 Scott Parsonage
 10 Gareth Clark
 9 Peter Loyd
 8 Dan Podjursky
 13 Dave Fisher
 14 Malcolm Matthews
 7 Nehemiah Melsom
 12 Trent Frampton
 Coach: Mike Woodlock
 Asst: Josh Easby

Western Springs

GK Russell Hodgson
 2 Tim Eason
 3 James Townsley
 4 Cam Gray
 5 Karl Smit
 6 Bryan Pepper
 7 David Burton
 8 Ollie Sefuiva
 9 Leo Berlim
 10 Peter Lane
 11 Craig Taylor
 12 Cory Pearce
 13 Krishneil Singh
 14 Zarak Harford
 15 Ryan McKenzie
 16 Seb Follas
 Coach: Glenn Sheppard
 Manager: Baz Noyer

Officials
 Referee:
 Assistant:
 Assistant:



FIRST TEAM ACTION: Cambridge goalkeeper Ryan McNamara races out of his area to clear from Tauranga City United's Eugene Heerschap. Photo: Louis Roberts.

MATCH PROGRAMME

Cambridge FC v Western Springs

John Kerkhof Park, Vogel St, Cambridge

Lotto Northern Region Football League Division 2
 2.45 pm, Saturday August 7, 2010



www.cambridgesoccer.co.nz



Match Sponsor

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facebook

Enjoy supporting Cambridge FC from the comfort of your own home by joining our Facebook Group and sharing news, photographs and gossip about your favourite club.

Some of our teams have also set up their own Facebook Groups – just search for pages for the Fed 2 side, our B Division squad and the D2 team.



Listen to the Waikato's hottest breakfast show with KM, Stu and Toast. Weekdays 6am–10am.

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Today's Visitors



Western Springs AFC has a long history tracing its roots all the way back to 1923. The current club was formed through the amalgamation of Grey Lynn Celtic and Pt Chevalier AFC in 1989.

The club has generally held its own in the Northern League without rising to great heights, though the Black Swans, as they are known, won the Division 2 championship in 1994 and in 1998.

The club's best efforts in the Chatham Cup were in 1990 and 1993 when they reached the final 32 in football's oldest domestic competition.

Coach Glenn Sheppard is in his fifth year in charge of the club's Northern League team this year and his side narrowly missed the cut, enabling Western Springs to take

part in the restructured first division. However, the club is aiming to top the Division 2 competition so it can take part in end of season play-offs for promotion.

The Auckland club, which has excellent facilities and a home ground at Meola Road near the city's zoo, has a strong record in women's football.

In 2008, Western Springs won the Northern Premier Women's League. In 2007, they won the National Women's Knockout Cup, having been runners-up the season before.

Match Programme

To submit information for publication, please contact:

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www.cambridgesoccer.co.nz



Club round-up

This was a fantastic “double-win” result against a fancied Claudelands rovers side, especially after a few patchy performances, with every member of the team doing their jobs and never giving up. No game this weekend but FOSS away on the 14th August at Jensen Park, KO 2.45pm.

Man of the match – Russ Foster (right) for his two goals and his determined presence up front.

Waikato C

Wanderers 1
Cambridge 6

The C team’s latest win takes them to second on the Waikato C Division table, only a point behind Te Awamutu but with a game in hand.

This weekend, Cambridge plays third-placed Claudelands 2 at John Kerkhof Park No. 3, kick off 1.45pm.

Waikato D1

Cambridge D1 0
Wanderers 2

After a spurt of good form, the D1’s lost at home to Wanderers. This weekend, they are at home to Tokoroa, kick off at 1pm.



Waikato D2

Hamilton Nth Ninjas 3
Cambridge D2 3

Cambridge D2s remain in the hunt for title honours after drawing at rivals Ninjas. The D2s now sit third on the table, only a point behind leaders Wanderers.

This weekend, the D2s travel to Waikato Unicol.



Welcome



Steve Thomas is the chairman of Cambridge Football Club and is passionate about the club and its place in the community. Here he explains his vision for the club . . .

Steve Thomas, Chairman
Cambridge Football Club

Cambridge Football Club is one of the Waikato’s fastest-growing sports clubs with more than 800 players, coaches, administrators and supporters.

We estimate that every tenth home in Cambridge (population 15,000) has at least one family member with a connection to the club. That’s why we’re so committed to ensuring our club represents the Cambridge community in a manner that befits the town – a town that proudly claims to be the Home Of Champions.

The rapid growth of our club means we have to be clear about our priorities in our planning. Our immediate focus is to continue the upgrade of our facilities at John Kerkhof Park in Vogel Street which has already seen new goalposts for our senior pitches and extra changing rooms.

Our club has a reputation for providing an environment that encourages social activity and friendship among its teams – we’re seen in the football community as a ‘social club’.

While we are pleased to have such a reputation, it’s also important that we now focus on building a strong first team so we can compete at a high level and develop our best senior players.

We now have a three-year plan in place to build a first team squad around a nucleus of young players who have mainly come through our junior and Under 19 teams. They are the future of the club and I urge you to support their efforts.

As always, we are grateful to our sponsors who this year include Ricoh and More FM Waikato.

Enjoy your season!

SPORTSWORLD

Junior Player of the Week

Listen to Waikato’s 92 More FM between 7.30am and 8am every Tuesday to find out who has won our Junior Player of the Week award and a voucher from Sportsworld, Cambridge.



First Team



CAMBRIDGE FC's first team: Back row (from left): Andrew Treanor (coach), Johnathan Monteith, Oz McNamara, Peter Loyd, Wilfried Weber, Blair Cooper, Dave Fisher, Dan Podjursky, Matty Aberhart. Front row (from left): Lee McNally, Malcolm Matthews, Adam Graham, Gareth Clark, Nathan Claridge, Scott Parsonage, Josh Powell.

GK Ryan (Oz) McNamara
Goalkeeper, 20

Australian-born Ryan played his first team football last year for Cambridge and was a member of the club's successful Under 19 squad. Strong and confident, he is also a skillful outfield player. Scored against Birkenhead Utd.

4 Nathan Claridge
Defender/midfielder, 19

A graduate of Cambridge's Under 19 squad, Nathan made his first team debut last season but is now aiming to secure a regular place in the starting line-up. He's helped by his ability to slot into a number of positions.



who found the net. Blair Ludlam was then brought down in the box for a penalty and Aidan Taylor despite two attempts couldn't find the net from 12 yards.

The Chris Ryan Plumbing POD went to birthday boy Mark Jones, with strong games also from Micky Welten and Richie Mita. This weekend the Legends are back at John Kerkoff Park taking on Waikato Unicol A, kick off 12.30pm, see you there.

Waikato B

**Claudlands Rovers 1
Cambridge Athletic 2**

The visit to Claudlands has been historically a hard fought contest and Saturday was no different. The away side went into the game with a returning Rob Cox as well as a dead looking Gaz Porter and a formation that pushed the spritely looking Russ Foster up front.

The first half was a tense affair with the home side trying to play from the back but were continuously foiled by a determined midfield of Gaz Porter, Pete Greenwood and Ken Graham. The first

chance of the half came from a through ball from Ron Kardas on the left which Russ chased down and crossed into the box, unfortunately Matt Joubert couldn't keep it down and headed the ball onto the bar. At the other end, a break saw Claudland's attacker in acres of time and space only to see Ian Marshall pull off the save of the season from point blank range.

The breakthrough came for the away side when Russ chased another midfield through ball and easily beat his marker for pace (seriously) and strength and beat the onrushing keeper.

Unfortunately the home side levelled the scores at the start of the second half when a cross was superbly controlled and finished giving Ian no chance. The game will also be remembered for the goal scored again by Russ Foster from a pinpoint cross from Oliver Harris which squeezed in between the near post and the keeper from a close range header . . . and the fracas at the end of the game which saw two players from each side sent off.

There were a few hairy moments for the away side towards the end but the defence of Russ Dixon, Simon Lockwood, Rob Cox and Nick Feisst was never in any real trouble. The introduction of Stuart (Billy) Anderson and Stuart Jones enabled Gaz to come off before he was carried off and Rob to have a well earned rest.

Quiz Night
August 14
Get it in your diary
Great prizes!





Club round-up

Federation 2

Ngongotaha 10
Cambridge 0

With the recent promotion of several Feds 2 players to our Northern League squad, the Feds struggled to put together a full strength side for the trip to Ngongotaha.

With goalkeeper Matty Aberhart injured, the Feds struggled at the back and were three goals down at the break. The home side asserted themselves in the second spell, though Cambridge hit the post three times during the match and could have scored four or five.

Table:

	Pl	Pts
AFC Fury	14	39
Tauranga	13	30
Old Blues	13	30
Ngongotaha	11	22
Matamata	14	17
Cambridge	13	10
Rotorua United	14	8
Hamilton North	12	7
Kawerau Town	14	7

Waikato A

Huntly Thistle 0
Amcal Cambridge Legends 3

The Legends travelled north up State Highway 1 to take on league strugglers Huntly on Saturday.

The Reds looked good early on and took the lead via a Tony Dikman's corner, which fell to Tony McIsaac at the far post who smashed his close range effort into the roof of the net. Despite the midfield pairing of Micky Welten and Mark Stuttard dominating their opposites, the rest of the half saw the champs squander numerous chances.

It was much the same story in the second spell with Mark Jones and Richie Mita untroubled at the back and keeper Aidan Taylor enjoying another easy afternoon between the sticks. It was one way traffic on the right with Graham Jones and Lance Brown asking questions of the home side and it was a Lance Brown cross, which found Mark Stuttard who's neat little flick found Coach McIsaac whose shot was deflected into the path of Bevan Mayo

Chris Ryan Plumbing
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16 Jonathan Monteith
Defender, 21

Putaruru-based Jonathan ('Jono') is new to Cambridge and brings height and strength to the defence, as well as a high level of fitness.

19 Blair Cooper
Defender, 23

After making his first team debut at 15, Blair has developed into a commanding defender who is strong in the air and tackle.

2 Adam Graham
Defender/forward, 31

Adam joined Cambridge FC last year and successfully trialled for a first team spot in pre-season. One of the side's hardest trainers, Adam is equally at home at the heart of the defence or leading the attack.

5 Wilfried Weber
Midfielder, 19

New to the club, Cambridge-based Wilfried got his first team opportunity in pre-season, showing he is comfortable on the ball and well-suited to the side's passing style of football.

17 Joe Gifford
Forward, 18

Big and strong, Gifford has broken into the first team this season after learning to play as a target man with the Federation 2 squad.

6 Josh Powell
Midfielder, 23

Made his first team debut in the same season as team-mate Blair Cooper and considers himself as Cambridge through-and-through, despite having to travel from Auckland for training and home games.

15 Scott Parsonage
Midfielder, 26

Joins the club from Matamata Swifts to make his Cambridge debut in the Northern League. Scott is one of the fittest players in the squad with a high workrate and confidence on the ball. He's also working to become a coach.

10 Gareth Clark
Forward/Midfielder, 18

Gareth broke into the first team last season after joining the club from Matamata and was a key member of the club's U19 side. He's highly committed to the club and has shown leadership potential which was rewarded with the captaincy during the side's pre-season games.

9 Peter Loyd
Forward, 17

A student in Cambridge, Peter earned his place in the first team squad with a series of good performances during pre-season, proving himself with a high workrate and intelligent use of the ball. His first Northern League goal was the winner against Hibiscus Coast.





Fixture List

Date	Competition	Opponents	Venue	Result
Mar 20	Div 1 Round 1	Fencibles Utd	Home	L 1-3
Mar 27	Div 1 Round 2	Tauranga City	Away	L 0-5
Apr 3	Div 1 Round 3	Matamata Swifts	Home	L 0-3
Apr 5	Div 1 Round 4	Waiuku	Home	D 3-3
Apr 10	Div 1 Round 5	Western Springs	Away	L 0-2
Apr 17	Div 1 Round 6	Hibiscus Coast	Home	W 2-1
Apr 24	Chatham Cup	Westlake Boys High	Away	L 0-2
May 1	Div 1 Round 8	Pukekohe AFC	Home	D 2-2
May 8	Div 1 Round 9	Birkenhead United	Away	L 1-6
May 22	Div 1 Round 10	Papakura City	Away	D 0-0
May 29	Div 1 Round 11	Ellerslie	Home	L 0-5
Jun 5	Div 1 Round 12	North Force	Away	L 1-3
Jun 12	Div 1 Round 13	Onehunga-Mangere	Home	L 1-3
Jun 19	Div 1 Round 7	Mangere United	Away	L 0-16
Jun 26	Div 1 Round 14	North Shore United	Away	L 1-7
Jul 3	Div 1 Round 15	Mt Albert-Ponsonby	Away	L 0-3
Jul 17	Div 2 Round 1	Tauranga City Utd	Home	L 0-3
Jul 24	Div 2 Round 2	Waiuku	Away	L 0-3
Jul 31	Div 2 Round 3	Mangere United	Home	L 2-6
Aug 7	Div 2 Round 4	Western Springs	Home	
Aug 14	Div 2 Round 5	Pukekohe AFC	Away	
Aug 21	Div 2 Round 6	Fencibles United	Away	
Aug 28	Div 2 Round 7	North Shore United	Home	
Sep 4	Div 2 Round 8	Hibiscus Coast	Away	
Sep 11	Div 2 Round 9	Papakura City	Home	



3 Harry Gifford Defender, 16

The youngest player in the Cambridge squad, Gifford has earned his place through ever-improving performances for the Federation 2 side and the Cambridge High first XI.

8 Dan Podjursky Midfield/forward, 17

Another young player who earned his chance for first team football after progressing through the club's U19 side. One of the squad's quickest players, his speed will be his strength.

13 Dave Fisher Defender, 21

Makes his debut for the first team this season after working hard in pre-season to step up to Northern League level. Dave is versatile and is equally comfortable on either side of the park.

14 Malcolm Matthews Utility, 20

An accomplished cricketer, Malcolm is a fit and speedy player capable of slotting into several roles. Makes his first team debut for Cambridge this season.

7 Nehemiah Melsom Utility, 31

A former member of the first team, Nehemiah re-joined the club after returning from Australia to live in Cambridge. Equally adept at full back or in midfield, 'Knees' is strong in the tackle..

18 Steve Lee Defender, 35

Joined the club after moving North from Queenstown where he played for the local club. A tall powerful defender, Lee made his debut in mid-season against Mt Albert-Ponsonby.

12 Trent Frampton Forward, 25

Having played for the first team several years ago, Frampton has made a return to the side this season with renewed enthusiasm and displaying the ability that has seen him threaten defences at all levels.

Coach

Mike Woodlock

The coach of Cambridge in 2009, Woodlock had a break until July this season when he replaced Andrew Treanor who was relocating to Western Australia for family reasons.

Assistant Coach

Josh Easby

A former youth team coach at Eden in the 1970s, Easby returns to coaching after a series of off-field football roles. These include two seasons as a director at English pro club York City. He's also written books about New Zealand football.



League table

Team	P	W	D	L	F	A	Pts
Mangere United	18	9	4	5	44	26	31
Hibiscus Coast	18	9	2	7	44	29	29
Fencibles United	18	9	1	8	40	26	28
WESTERN SPRINGS	18	7	6	5	28	27	27
Tauranga City Utd	18	8	2	8	35	32	26
Waiuku	18	8	1	9	44	43	25
North Shore Utd	18	6	1	11	31	51	19
Papakura City	18	3	2	13	19	45	11
CAMBRIDGE	18	1	3	14	14	74	6
Pukekohe AFC	18	1	2	15	13	72	5

How it works

The first 15 rounds of this season's Northern League Division 1 were a grading competition to establish two groups of teams:

- ▶ The top six who now face the bottom eight clubs from the Premier League in two round-robins.
- ▶ The bottom ten sides who form the newly-formed Division 2.

The winner of Division 2 goes into play-offs to seek promotion to the restructured Division 1 while the bottom club faces the prospect of relegation from the Northern League, if the champions of the regional federations seek entry to the competition. In that event, play-offs will be held, involving the bottom-placed Division 2 club.

This weekend's fixtures:

Pukekohe v Hibiscus Coast
 Papakura City v Waiuku
 Mangere Utd v Tauranga City Utd
 North Shore Utd v Fencibles Utd



Golden Boot

Our goalscorers in this season's Northern League:

Gareth Clark	3
Blair Cooper	2
Trent Frampton	2
Matty Harper	1
Peter Loyd	1
Ryan McNamara	1
Nehemiah Melsom	1
Scott Parsonage	1
Josh Powell	1



Club news

Big prizes up for grabs

Cambridge FC are expecting a bumper crowd for their annual Quiz Night, to be held in the Town Hall on Saturday August 14.

More than 160 attended last year's function when more than \$10,000 of prizes were won by teams competing to test their general knowledge.

Doors open at 6.30pm and quizmaster Peter Martens, Cambridge FC's president, will kick off the quiz at 7.30pm.

Questions will cover everything from geography to sport to trivia – and it's all guaranteed to be a lot of fun.

The club will run a licensed bar for the evening and guests are invited to bring their own food.

Tables can be booked in advance through Cambridge FC's Brett Clark or you can just turn up on the night.

The club is also planning to operate a minibus shuttle service for those who fancy a drink and who live within a reasonable distance of the Town Hall.



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1st Team Report

Cambridge 2
Mangere United 6

Cambridge gave Northern League Division 2 leaders Mangere United a difficult time for most of this match but succumbed to goals late in the match.

The visitors opened the scoring after 5 minutes when Sumendra Pooni got on to the end of a Raju Sharma cross to head into the net. But five minutes later, referee Gerard Boyce sent off a Mangere defender who stopped a certain goal with his hand, awarding a penalty which Cambridge forward Trent Frampton (right) scored.

A mix up in the Cambridge defence after half an hour gave Mangere the lead through Sharma but this spurred the home side into attack and striker Nehemiah Melsom scored with a shot from 15 metres into the corner of the net.

With the sides tied 2-2 at the break, Cambridge seemed capable of an upset win against a team that is built around Fiji international



representatives.

But in the last 20 minutes, the visitors asserted their skills with Pooni finishing off a hat trick, Sharma adding a second and Siraz Ali getting on the scoresheet.

Next home game
Cambridge v North Shore Utd

Saturday August 28
 2.45pm, John Kerkhof Park
 Vogel St, Cambridge



Women's Update

Club reaches last four

Cambridge have reached the semi finals of the Waikato Women's Cup after a thrilling 2-1 victory against Melville in the quarter finals.

The Women's A side now face Ngaruawahia — who were 9-0 victors over Tokoroa — in a semi final tie at John Kerkhof Park, at 1pm on Sunday August 22.

Cambridge's cup run started with a nail-biting win by penalty shoot-

out against Otorohanga, after the teams were tied 1-1 after 90 minutes and neither side could score in extra time.

Meanwhile our Women's B side were knocked out of the Waikato Cup, losing their second round tie 1-0 against Te Awamutu.

Our A side is currently 3rd in the Waikato A division, three points behind leaders Claudelands Rovers.

Junior Award Winners

Cambridge youngsters continue to earn recognition for their efforts with the club's Junior Player of the Week Award.

The winners are announced live each week on Waikato's 92 More FM between 7.30am and 8.00am. Each winner receives a voucher from Sportsworld Cambridge.

Winners since the start of the season are:

- Izac Woodall (July 3)
- Jacob Kyte (June 26)
- Naoh John Woest (Open Grade Hawks, June 26)
- Tane Knebel (June 12)
- Carl Jones (Open Grade Flames, May 29)
- Emily Watson (Red Devils, May 22)
- Dan Caldwell (Open Grade Rebels, May 15))
- Lochie Dawe (Goodwood Giants, May 8)
- Jacob O'Connor (10th grade Scorchers, May 1)
- Keziah Clark (7th grade Tigers, April 24)

